

# Resources for the School Meal Patterns for Grades K-12

This list includes resources and websites to assist school food authorities (SFAs) with meeting the U.S. Department of Agriculture's (USDA) meal pattern and crediting requirements for grades K-12 in the [National School Lunch Program \(NSLP\)](#), [School Breakfast Program \(SBP\)](#), [Seamless Summer Option \(SSO\)](#) of the NSLP, and [Afterschool Snack Program \(ASP\)](#) of the NSLP. For information on resources for the preschool meal patterns, review the Connecticut State Department of Education's (CSDE) [Resources for the Preschool Meal Patterns](#).

For links to information on federal and state requirements and guidance, visit the CSDE's [Program Guidance for School Nutrition Programs](#) webpages. Additional resource lists are available on the CSDE's [Resources for Child Nutrition Programs](#) webpage. For additional guidance, contact the CSDE's [school nutrition programs staff](#).

## Section 1 – General Program Guidance

Afterschool Snack Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program>

Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Child-Nutrition-Programs>

Food and Nutrition Service (FNS) Documents & Resources (USDA webpage):

<https://www.fns.usda.gov/resources>

Forms for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs>

Legislation and Regulations for Child Nutrition Programs (USDA):

<https://portal.ct.gov/SDE/Nutrition/Laws-and-Regulations-for-Child-Nutrition-Programs>

National School Lunch Program (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/National-School-Lunch-Program>

Nutrition Education (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Nutrition-Education>

Operational Memoranda for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-School-Nutrition-Programs>

Program Guidance for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs>

Resources for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs>

# Resources for the School Meal Patterns for Grades K-12

School Breakfast Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/School-Breakfast-Program>

The School Day Just Got Healthier (USDA webpage):

<https://www.fns.usda.gov/school-meals/school-day-just-got-healthier-toolkit>

Training for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Training-for-Child-Nutrition-Programs>

## Section 2 – Meal Pattern Topics

[Child Nutrition \(CN\) Labels](#) | [Comparison Charts](#) | [Crediting Documentation](#)  
[Dietary Specifications](#) | [Fruits Component](#) | [Grains Component](#)  
[Meal Modifications for Special Diets](#) | [Meal Patterns](#) | [Menu Planning](#)  
[Meat/Meat Alternates Component](#) | [Milk Component](#) | [Offer versus Serve \(OVS\)](#)  
[Product Formulation Statements](#) | [Production Records](#) | [Vegetables Component](#)

### Child Nutrition (CN) Labels

Authorized Manufacturers and Labels (USDA):

<https://www.fns.usda.gov/cnlabeling/usdausdc-authorized-labels-and-manufacturers>

Child Nutrition (CN) Labeling Program (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CNlabel.pdf>

CN Labeling Program (USDA):

<https://www.fns.usda.gov/cn/labeling-program>

Child Nutrition (CN) Labels (CSDE's Crediting Foods for Grades K-12 in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#CNlabels>

Food Manufacturers/Industry (USDA):

<https://www.fns.usda.gov/cnlabeling/food-manufacturersindustry>

USDA Memo SP 11-2015v2, CACFP 10-2015 and SFSP 13-2015: CN Labels Copied with a Watermark Acceptable Documentation:

<https://www.fns.usda.gov/cn/cn-labels-copied-watermark-acceptable-documentation>

# Resources for the School Meal Patterns for Grades K-12

USDA Memo SP 27-2015, CACFP 09-2015 and SFSP 12-2015: Administrative Review Process Regarding the Child Nutrition (CN) Label, Watermarked CN Label and Manufacturer's Product Formulation Statement:

<https://www.fns.usda.gov/cn/administrative-review-process-regarding-child-nutrition-cn-label>

## Comparison Charts

Comparison of Meal Pattern Requirements for Child Nutrition Programs (USDA):

<https://portal.ct.gov/-/media/SDE/Nutrition/CNPMealPatternComparison.pdf>

Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the Afterschool Snack Program of the NSLP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ComparisonPreschoolGradesK-12ASP.pdf>

Comparison of Meal Pattern Requirements for Preschoolers and Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/ComparisonPreschoolGradesK-12SNP.pdf>

Comparison of Meal Pattern Requirements for the Grains Component in School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/ComparisonGrainCreditingSNP.pdf>

Comparison of Meal Pattern Requirements for the Milk Component in School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/ComparisonMilkRequirementsSNP.pdf>

How Do They Compare? Child Nutrition Programs' Meal Pattern Requirements (USDA):

<https://portal.ct.gov/-/media/SDE/Nutrition/CNPMealPatternComparison.pdf>

# Resources for the School Meal Patterns for Grades K-12

## Crediting Documentation

Accepting Processed Product Documentation in the NSLP and SBP:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/AcceptDocumentationSNP.pdf>

Crediting Commercial Processed Products for Grades K-12 in School Nutrition Programs (CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#CommercialProducts>

Crediting Foods Prepared on Site for Grades K-12 in School Nutrition Programs (CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#PreparedonSite>

Crediting Summary Charts for the ASP Meal Pattern for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Crediting\\_Summary\\_Charts\\_ASP\\_Grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Crediting_Summary_Charts_ASP_Grades_K-12.pdf)

Crediting Summary Charts for the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Crediting\\_Summary\\_Charts\\_SNP\\_Grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Crediting_Summary_Charts_SNP_Grades_K-12.pdf)

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Food Buying Guide for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Food Buying Guide for Child Nutrition Programs: Training Resources (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-training-resources>

Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

Standardized Recipe Form for School Nutrition Programs:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/StandardizedRecipeSchools.doc>

Standardized Recipes ("Related Resources" section of the CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#StandardizedRecipes>

# Resources for the School Meal Patterns for Grades K-12

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/manufacturerPFStipsheet.pdf>

USDA Memo TA-2010 (v.3): Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:

<https://fns-prod.azureedge.net/sites/default/files/resource-files/TA07-2010v3os.pdf>

Yield Study Form for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/YieldStudy.pdf>

## Dietary Specifications for Grades K-12

Dietary Specifications (Nutrition Standards for School Meals) (CSDE's Meal Patterns for Grades K-12 in School Nutrition Program webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents#DietarySpecifications>

Get the Facts: Sources of Sodium in Your Diet (CDC):

<https://www.cdc.gov/salt/pdfs/Sources-of-Sodium.pdf>

Implementation Timeline for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/ImplementationTimeline.pdf>

Lowering Sodium in School Foods (American Heart Association):

[https://www.heart.org/idc/groups/heart-public/@wcm/@adv/documents/downloadable/ucm\\_472940.pdf](https://www.heart.org/idc/groups/heart-public/@wcm/@adv/documents/downloadable/ucm_472940.pdf)

Reducing Sodium in Children's Diets infographic (CDC):

<https://www.cdc.gov/vitalsigns/children-sodium/infographic.html>

Reducing Sodium in the Diets of American Children (AHA):

[https://www.heart.org/idc/groups/heart-public/@wcm/@adv/documents/downloadable/ucm\\_433027.pdf](https://www.heart.org/idc/groups/heart-public/@wcm/@adv/documents/downloadable/ucm_433027.pdf)

Sodium and Children (CDC):

[https://www.cdc.gov/salt/sodium\\_and\\_children.htm](https://www.cdc.gov/salt/sodium_and_children.htm)

Sodium Reduction Timeline for NSLP and SBP Meal Patterns (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/SodiumTimeline.pdf>

Tools for Schools: Reducing Sodium (USDA):

<https://www.fns.usda.gov/school-meals/tools-schools-sodium>

# Resources for the School Meal Patterns for Grades K-12

USDA Final Rule (83 FR 63775): Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements:

<https://www.govinfo.gov/content/pkg/FR-2018-12-12/pdf/2018-26762.pdf>

Weekly Calorie Ranges for School Meals for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Calorie\\_Ranges\\_NSLP\\_SBP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Calorie_Ranges_NSLP_SBP.pdf).

What's Shaking: Creative Ways to Boost Flavor with Less Sodium (USDA):

<https://theicn.org/cnss/about-whats-shaking/>

## Fruits Component

Crediting Juice for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditJuiceSNPgradesK-12.pdf>

Crediting Smoothies for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditSmoothiesSNPgradesK-12.pdf>

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the NSLP and SBP:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf>

Food Buying Guide Section 3: Overview of Crediting Requirements for the Fruits Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section3\\_Fruits.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section3_Fruits.pdf)

Food Buying Guide Section 3: Yield Table for Fruits (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section3\\_FruitsYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section3_FruitsYieldTable.pdf)

Fruits Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Fruits>

Portion Guide for Fresh Fruits (Start with Half a Cup):

<https://portal.ct.gov/-/media/SDE/Nutrition/SWHAC/PortionGuideFruit85x14.pdf>Product

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs (USDA):

[https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS\\_Veg\\_Subgroups\\_Fruits\\_Fillable\\_508.pdf](https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Veg_Subgroups_Fruits_Fillable_508.pdf)

# Resources for the School Meal Patterns for Grades K-12

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal

Programs: Completed Sample for Vegetables (USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/PFSsamplevegetables.pdf>

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal

Programs: Completed Sample for Fruits (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/PFSsamplefruits.pdf>

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Total\\_Veg\\_Fruits\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Total_Veg_Fruits_Fillable_508.pdf)

Tools for Schools: Offering Fruits and Vegetables (USDA):

<https://www.fns.usda.gov/school-meals/tools-schools-offering-fruits-and-vegetables>

USDA Memo SP 34-2019, CACFP 15-2019 and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs>

## Grains Component

Calculation Methods for Grain Ounce Equivalents for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/GrainCalculationSNPgradesK-12.pdf>

Calculation Methods for Grains/Breads Servings for Grades K-12 in the ASP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/GrainsBreadsCalculationASP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/GrainsBreadsCalculationASP_gradesK-12.pdf)

Comparison of Meal Pattern Requirements for the Grains Component in School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/ComparisonGrainCreditingSNP.pdf>

# Resources for the School Meal Patterns for Grades K-12

Crediting Breakfast Cereals for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditCerealsSNPgradesK-12.pdf>

Crediting Enriched Grains in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditEnrichedGrainsSNP.pdf>

Crediting Whole Grains in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditWholeGrainsSNP.pdf>

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Exhibit A: Grain Requirements for Child Nutrition Programs (USDA):

<https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf>

Food Buying Guide Exhibit A Grains Tool (USDA):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Food Buying Guide Section 4: Overview of Crediting Requirements for the Grains Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section4\\_Grains.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section4_Grains.pdf)

Food Buying Guide Section 4: Yield Table for Grains (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section4\\_GrainsYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section4_GrainsYieldTable.pdf)

Grain Ounce Equivalents for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/GrainsOzEqSNPgradesK-12.pdf>

Grains Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Grains>

Grains/Breads Component for Grades K-12 in the ASP ("Documents/Forms" section of the CSDE's ASP webpage):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program/Documents#GrainsBreadsK12>

Grains/Breads Servings for Grades K-12 in the ASP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/GrainsBreadsServingsASP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/GrainsBreadsServingsASP_gradesK-12.pdf)



# Resources for the School Meal Patterns for Grades K-12

Meeting the Whole Grain-rich Requirement for the NSLP and SBP Meal Patterns for Grades K-12 (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/WGRRequirementSNPgradesK-12.pdf>

Product Formulation Statement for Documenting Grains in Child Nutrition Programs (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Grains\\_Oz\\_Eq\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains_Oz_Eq_Fillable_508.pdf)

Product Formulation Statement for Documenting Grains in Child Nutrition Programs – Completed Sample (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Example\\_Grains\\_Oz\\_Eq.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains_Oz_Eq.pdf)

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Grains-Breads\\_Servings\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains-Breads_Servings_Fillable_508.pdf)

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks – Completed Sample (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Example\\_Grains-Breads\\_Servings.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains-Breads_Servings.pdf)

Product Formulation Statements (CSDE's Crediting Foods for Grades K-12 in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#PFS>

Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

USDA Memo SP 23-2019, CACFP 10-2019 and SFSP 09-2019: Crediting Popcorn in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-popcorn-child-nutrition-programs>

USDA Memo SP 30-2012: Grain Requirements for the National School Lunch Program and School Breakfast Program:

<https://www.fns.usda.gov/school-meals/grain-requirements-national-school-lunch-program-and-school-breakfast-program>

# Resources for the School Meal Patterns for Grades K-12

USDA Memo SP 34-2019, CACFP 15-2019 and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:  
<https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs>

Webinar: Exhibit A Grains Tool to the Rescue (USDA):  
<https://www.fns.usda.gov/tn/exhibit-grains-tool-rescue>

Webinar: How to Maximize the Exhibit A Grains Tool (USDA):  
<https://www.fns.usda.gov/tn/how-maximize-exhibit-grains-tool>

Whole Grain Resource for the National School Lunch and School Breakfast Programs (USDA):  
<https://www.fns.usda.gov/tn/whole-grain-resource-national-school-lunch-and-school-breakfast-programs-0>

## Meal Modifications for Special Diets

Accommodating Special Diets in School Nutrition Programs (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Special\\_Diets\\_Guide\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Special_Diets_Guide_SNP.pdf)

Allowable Milk Substitutes for Children without Disabilities in School Nutrition Programs (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Milk\\_Substitutes\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Milk_Substitutes_SNP.pdf)

CSDE Operational Memo No. 13-17: Requirements for Meal Modifications in the School Nutrition Programs:  
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2017/OM13-17.pdf>

CSDE Operational Memo No. 22-15: Statements Supporting Accommodations for Children with Disabilities in the Child Nutrition Programs:  
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2015/OM22-15.pdf>

Guidance and Instructions: Medical Statement for Meal Modifications in School Nutrition Programs (CSDE): [https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical\\_Statement\\_SNP\\_Instructions.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical_Statement_SNP_Instructions.pdf)

Guidance and Instructions: Medical Statement for Meal Modifications in School Nutrition Programs (Spanish): Orientación e instrucciones: Declaración médica para la modificación de alimentos en los programas de nutrición escolar (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical\\_Statement\\_SNP\\_Instructions\\_Spanish.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical_Statement_SNP_Instructions_Spanish.pdf)

Guide: Accommodating Special Diets in School Nutrition Programs (CSDE):  
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/SpecialDietsGuide.pdf>

# Resources for the School Meal Patterns for Grades K-12

Managing Food Allergies in the Cafeteria: The Role of School Food Service Managers and Staff (CSDE Presentation): [https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Managing\\_Food\\_Allergies\\_Cafeteria\\_SNP\\_Presentation.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Managing_Food_Allergies_Cafeteria_SNP_Presentation.pdf)

Meal Modifications in School Nutrition Programs (CSDE Presentation):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Meal\\_Modifications\\_SNP\\_Presentation.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Meal_Modifications_SNP_Presentation.pdf)

Medical Statement for Meal Modifications in School Nutrition Programs (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical\\_Statement\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical_Statement_SNP.pdf)

Medical Statement for Meal Modifications in School Nutrition Programs (Spanish): Declaración médica para la modificación de alimentos en los programas de nutrición escolar (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical\\_Statement\\_SNP\\_Spanish.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Medical_Statement_SNP_Spanish.pdf)

Resource List for Special Diets in Child Nutrition Programs (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Special\\_Diets.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Special_Diets.pdf)

Resources for Special Diets in Child Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-School-Nutrition-Programs/Documents>

Self-assessment of Local Practices for Special Diets in School Nutrition Programs (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Assessment\\_Special\\_Diets\\_Schools.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Assessment_Special_Diets_Schools.pdf)

Special Diets in School Nutrition Programs (CSDE webpage):  
<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-School-Nutrition-Programs>

Summary of Requirements for Accommodating Special Diets in School Nutrition Programs (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Special\\_Diets\\_Chart\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Special_Diets_Chart_SNP.pdf)

# Resources for the School Meal Patterns for Grades K-12

## Meal Patterns

Afterschool Snack Program Meal Pattern for Grades K-12 (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/MealPatternASPgradesK-12.pdf>

Dietary Specifications (Nutrition Standards for School Meals) (CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents#DietarySpecifications>

Meal Pattern Exemption for Residential Child Care Institutions (RCCIs) with Multiple Age Groups ("Documents/Forms" section of CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents#RCCIexemption>

Meal Pattern Training Materials (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs>

Menu Planning Guide for School Meals for Grades K-12 (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning-Guide-for-School-Meals>

Noncreditable Foods for Grades K-12 in the ASP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/NoncreditableFoodsASP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/NoncreditableFoodsASP_gradesK-12.pdf)

Noncreditable Foods for Grades K-12 in the NSLP and SBP (CSDE webpage):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/NoncreditableFoodsSNPgradesK-12.pdf>

Nutrition Standards for School Meals (USDA webpage):

<https://www.fns.usda.gov/cn/nutrition-standards-school-meals>

Nutrition Standards in the National School Lunch and School Breakfast Programs (Final Rule 77 FR 4087):

<https://www.fns.usda.gov/cn/fr-012612>

USDA Final Rule (81 FR 24347): CACFP Meal Pattern Revisions Related to the Healthy, Hunger- Free Kids Act of 2010:

<https://www.fns.usda.gov/cacfp/fr-042516>

USDA Memo SP 38-2019: Meal Requirements under the National School Lunch Program and School Breakfast Program: Q&As for Program Operators:

<https://www.fns.usda.gov/cn/meal-requirements-under-national-school-lunch-program-and-school-breakfast-program>

# Resources for the School Meal Patterns for Grades K-12

## Meat/Meat Alternates Component

Checklist for Evaluating Manufacturer Product Formulation Statements (Product Analysis) for Meat/Meat Alternate (M/MA) Products (USDA):

[https://fns-prod.azureedge.net/sites/default/files/reviewer\\_checklist.pdf](https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf)

Crediting Commercial Meat/Meat Alternate Products in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditCommercialMMASNP.pdf>.

Crediting Deli Meats in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditDeliSNP.pdf>

Crediting Legumes in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditLegumesSNP.pdf>

Crediting Nuts and Seeds in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditNutsSNP.pdf>

Crediting Tofu and Tofu Products in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditTofuSNP.pdf>

Crediting Yogurt for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditYogurtSNPgradesK-12.pdf>

Food Buying Guide Section 1: Overview of Crediting Requirements for the Meat/Meat Alternates Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section1\\_MeatsAndMeatAlternates.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section1_MeatsAndMeatAlternates.pdf)

Food Buying Guide Section 1: Yield Table for Meat/Meat Alternates (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section1\\_MeatsAndMeatAlternatesYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section1_MeatsAndMeatAlternatesYieldTable.pdf)

Meat/Meat Alternates Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#MMA>

Meat/Meat Alternates Component for Grades K-12 in the ASP (“Documents/Forms” section of the CSDE’s Afterschool Snack Program webpage):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program/Documents#MMAK12>

Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Meats-Meat\\_Alternates\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Meats-Meat_Alternates_Fillable_508.pdf)

# Resources for the School Meal Patterns for Grades K-12

Questions and Answers on Alternate Protein Products (APP) (USDA):

<https://www.fns.usda.gov/questions-and-answers-alternate-protein-products-app>

Requirements for Alternate Protein Products in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/APPRequirementsSNP.pdf>

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

[https://fns-prod.azureedge.net/sites/default/files/reviewer\\_checklist.pdf](https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf)

USDA Memo SP 21-2019, CACFP 08-2019 and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>

USDA Memo SP 24-2019, CACFP 11-2019 and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs: <https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>:

<https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>

USDA Memo SP 25-2019, CACFP 12-2019 and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

USDA Memo SP 53-2016 and CACFP 21-2016: Crediting Tofu and Soy Yogurt Products in the School Meal Programs and the CACFP:

<http://www.fns.usda.gov/crediting-tofu-and-soy-yogurt-products-school-meal-programs-and-cacfp>

Webinar: Additional Meat/Meat Alternates Options for CNPs: Crediting Tempeh and Surimi (USDA):

<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products (USDA):

<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products>

# Resources for the School Meal Patterns for Grades K-12

## Menu Planning

Afterschool Snack Program Menu Form for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Forms/MenuFormASP\\_gradesK-12.docx](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Forms/MenuFormASP_gradesK-12.docx)

Afterschool Snack Program Sample Menu for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/SampleMenuASP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/SampleMenuASP_gradesK-12.pdf)

Choking Prevention (CSDE's Food Safety for Child Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Food-Safety-for-Child-Nutrition-Programs/Documents#ChokingPrevention>

Menu Planning Checklists for Lunch for Grades K-12 (CSDE's Forms for School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs#MenuPlanningChecklistsLunchGradesK-12>

Menu Planning for Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning>

Menu Planning for Grades K-12 in the NSLP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/MenuPlanningNSLP.pdf>

Menu Planning for School Meals ("Related Resources" section of CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Related-Resources#MenuPlanningSchoolMeals>

Menu Planning for Shorter or Longer Weeks (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/WeeklyAdjustmentsNSLP\\_SBP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/WeeklyAdjustmentsNSLP_SBP.pdf)

Menu Planning for the Afterschool Snack Program (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program/Documents#MenuPlanning>

Noncreditable Foods for Grades K-12 in the ASP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/NoncreditableFoodsASP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/NoncreditableFoodsASP_gradesK-12.pdf)

Noncreditable Foods for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/NoncreditableFoodsSNP.pdf>

Overview of Menu Planning for Grades K-12 in the NSLP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/OverviewMenuPlanningNSLP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/OverviewMenuPlanningNSLP_gradesK-12.pdf)

Overview of Menu Planning for Grades K-12 in the SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SBP/OverviewMenuPlanningSBP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SBP/OverviewMenuPlanningSBP_gradesK-12.pdf)



# Resources for the School Meal Patterns for Grades K-12

Reducing the Risk of Choking in Young Children at Mealtimes (USDA):

<https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes>

Resource List for Menu Planning and Food Production in Child Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Menu\\_Planning.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Menu_Planning.pdf)

## Milk Component

Allowable Milk Substitutions for Children without Disabilities in School Nutrition Programs:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/MilkSubstitutesSNP.pdf>

Comparison of Meal Pattern Requirements for the Milk Component in School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/ComparisonMilkRequirementsSNP.pdf>

CSDE Operational Memorandum No. 06-19: Summary of Federal and State Milk Requirements for the NSLP, SBP, SSO of the NSLP, ASP of the NSLP, and Special Milk Program (SMP):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf>

Food Buying Guide Section 5: Overview of Crediting Requirements for the Milk Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section5\\_Milk.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section5_Milk.pdf)

Food Buying Guide Section 5: Yield Table for Milk (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section5\\_MilkYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section5_MilkYieldTable.pdf)

Milk Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Milk>

Milk Component for Grades K-12 in the ASP (“Documents/Forms” section of the CSDE’s Afterschool Snack Program webpage):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program/Documents#MilkK12>

USDA Memo SP 07-2010, CACFP 04-2010 and SFSP 05-2010: Questions and Answers: Fluid Milk Substitutions:

<https://www.fns.usda.gov/qas-milk-substitution-children-medical-or-special-dietary-needs-non-disability>

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Program:

<https://www.fns.usda.gov/school-meals/clarification-milk-and-water-requirements-school-meal-program>



# Resources for the School Meal Patterns for Grades K-12

## Offer versus Serve (OVS)

Lunch Meal Pattern Components Poster (CSDE):

<https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/lunchpostercomp.pdf>

Lunch Offer versus Serve Poster (CSDE):

<https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/lunchposterOVS.pdf>

Offer versus Serve for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Offer-versus-Serve-for-School-Nutrition-Programs>

Offer versus Serve Guide for School Meals (CSDE):

<https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/OVSguide.pdf>

Offer versus Serve Lunch Poster for Elementary Schools (USDA):

[https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS\\_ElemPoster.pdf](https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS_ElemPoster.pdf)

Offer versus Serve Lunch Poster for High Schools (USDA):

[https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS\\_HS-Poster.pdf](https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS_HS-Poster.pdf)

Offer versus Serve Lunch Poster for Middle Schools (USDA):

[https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS\\_MiddlePoster.pdf](https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS_MiddlePoster.pdf)

Offer versus Serve NSLP Posters (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters>

Offer versus Serve Tip Sheet for School Food Service Managers: National School Lunch Program (USDA):

<http://https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS%20Lunch%20tip%20sheet.pdf>

Offer versus Serve Tip Sheet for School Food Service Managers: School Breakfast Program (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/OVS%20Breakfast%20tip%20she>

Overview of Offer versus Serve in the NSLP (CSDE):

[https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/Overview\\_OVS\\_NSLP.pdf](https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/Overview_OVS_NSLP.pdf)

Overview of Offer versus Serve in the SBP (CSDE):

[https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/Overview\\_OVS\\_SBP.pdf](https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/Overview_OVS_SBP.pdf)

USDA Memo SP 35-2011 and CACFP 23-2011: Clarification on the Use of Offer versus Serve and Family Style Meal Service:

<https://www.fns.usda.gov/clarification-use-offer-vs-serve-and-family-style-meal-service>

# Resources for the School Meal Patterns for Grades K-12

USDA Memo SP 41-2015: Updated Offer vs Serve Guidance for the NSLP and SBP Beginning SY 2015-16:

<https://www.fns.usda.gov/updated-offer-vs-serve-guidance-nslp-and-sbp-beginning-sy2015-16>

## Product Formulation Statements

Product Formulation Statement for Documenting Grains in Child Nutrition Programs

(USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Grains\\_Oz\\_Eq\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains_Oz_Eq_Fillable_508.pdf)

Product Formulation Statement for Documenting Grains in Child Nutrition Programs

– Completed Sample (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Example\\_Grains\\_Oz\\_Eq.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains_Oz_Eq.pdf)

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks

(USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Grains-Breads\\_Servings\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains-Breads_Servings_Fillable_508.pdf)

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks

– Completed Sample (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Example\\_Grains-Breads\\_Servings.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains-Breads_Servings.pdf)

Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Meats-Meat\\_Alternates\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Meats-Meat_Alternates_Fillable_508.pdf)

Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Meats-Meat\\_Alternates\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Meats-Meat_Alternates_Fillable_508.pdf)

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs (USDA):

[https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS\\_Veg\\_Subgroups\\_Fruits\\_Fillable\\_508.pdf](https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Veg_Subgroups_Fruits_Fillable_508.pdf)

# Resources for the School Meal Patterns for Grades K-12

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal

Programs: Completed Sample for Vegetables (USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/PFSsamplevegetables.pdf>

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal

Programs: Completed Sample for Fruits (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/PFSsamplefruits.pdf>

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Total\\_Veg\\_Fruits\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Total_Veg_Fruits_Fillable_508.pdf)

Product Formulation Statements (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/PFS.pdf>

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

[https://fns-prod.azureedge.net/sites/default/files/reviewer\\_checklist.pdf](https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf)

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/manufacturerPFStipsheet.pdf>

## Production Records

Production Records for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Production-Records-for-School-Nutrition-Programs>

Requirements for Production Records in School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Forms/ProdRecord/ProductionRecords.pdf>

# Resources for the School Meal Patterns for Grades K-12

## Vegetables Component

Beans (ICN and USDA):

<https://theicn.org/cnss/menu-planning/beans/>

Crediting Juice for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditJuiceSNPgradesK-12.pdf>

Crediting Legumes in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditLegumesSNP.pdf>

Crediting Smoothies for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditSmoothiesSNPgradesK-12.pdf>

Crediting Soups in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditSoupSNP.pdf>

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the NSLP and SBP:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf>

Food Buying Guide Section 2: Overview of Crediting Requirements for the Vegetables Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section2\\_Vegetables.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf)

Food Buying Guide Section 2: Yield Table for Vegetables (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section2\\_VegetablesYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section2_VegetablesYieldTable.pdf)

Portion Guide for Fresh Vegetables (Start with Half a Cup):

<https://portal.ct.gov/-/media/SDE/Nutrition/SWHAC/PortionGuideVeg85x14.pdf>

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs (USDA):

[https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS\\_Veg\\_Subgroups\\_Fruits\\_Fillable\\_508.pdf](https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Veg_Subgroups_Fruits_Fillable_508.pdf)

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs: Completed Sample for Vegetables (USDA):

<https://www.fns.usda.gov/sites/default/files/resource-files/PFSsamplevegetables.pdf>

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs: Completed Sample for Fruits (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/PFSsamplefruits.pdf>

# Resources for the School Meal Patterns for Grades K-12

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/PFS\\_Total\\_Veg\\_Fruits\\_Fillable\\_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Total_Veg_Fruits_Fillable_508.pdf)

USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

Vegetable Subgroups in the NSLP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/VegetableSubgroupsNSLP.pdf>

Vegetables Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Vegetables>

Vegetables/Fruits Component for Grades K-12 in the ASP (“Documents/Forms” section of the CSDE’s Afterschool Snack Program webpage):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program/Documents#VegetablesFruitsK12>

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs>

# Resources for the School Meal Patterns for Grades K-12



For more information, visit the CSDE's [Meal Patterns for Grades K-12 in School Nutrition Programs](#) and [Crediting Foods in School Nutrition Programs](#) webpages, or contact the [school nutrition programs staff](#) in the CSDE's Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at [https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Resources\\_School\\_Meal\\_Patterns\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Resources_School_Meal_Patterns_grades_K-12.pdf).

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Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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